## Farm Friends

at

## WORMS & WILDFLOWERS NATURE SCHOOL

Join our afterschool farm and nature club and spend time outdoors playing with friends!

- Learn how to care for our resident goats and chickens
- Go on hikes to local open spaces within walking distance of our farm
- · Help plant our spring garden
- Learn to whittle, make campfires, cook on the fire, build forts, and so much more!





Outdoor play in nature gives your child time to decompress from the day, relieving stress and anxiety, while building confidence, sensory exploration, and friendships.

Ride the school bus to our farm located in White Rock or parents drop-off. Mon/Wed 3:00-5:00 February 3rd -May 21st



Regiater at www.wormsandwildflowers.com
Have Questions?

Phone: 505-394-9997

Email: director@wormsandwildflowers.com

Each class incudes snack and unstructed play in nature!